

FAITH FOUNDATIONS

Theme 2: A new identity in Christ

Week 1: I am loved



Suggested flow of the evening

Introduction (5 min)

The evening host gives a short introduction to this month's theme and then explains the interaction.

Interaction (8 min)

Gather in small groups with 2 (maximum 3) others.

Introduce yourself from the perspective of who you ARE. For this exercise please don't do what we tend to do when we introduce ourselves -- to tell others what we DO. Tonight that's not allowed. Say something about who you ARE, without including what you DO.

Afterward the host asks for reactions (Was that tough to do?) and then bridges into the teaching, saying something about Henri Nouwen and tying it into the exercise we've just done. Suggest they take notes of what speaks to them from the video.

Teaching

Henri Nouwen video - Being the Beloved (17 min)

For tonight's objectives, tips for group discussion, etcetera, see the overview for this month's theme.